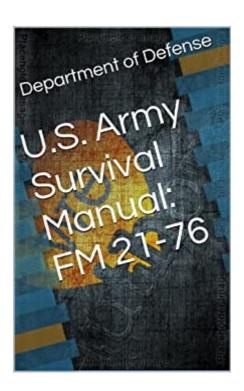


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# U.S. Army Survival Manual: FM 21-76





### **Synopsis**

Chapter 1 INTRODUCTIONSurvival ActionsPattern for SurvivalChapter 2PSYCHOLOGY OF SURVIVALA Look at StressNatural ReactionsPreparing YourselfChapter 3SURVIVAL PLANNING AND SURVIVAL KITSImportance of PlanningSurvival KitsChapter 4BASIC SURVIVAL MEDICINERequirements for Maintenance of HealthMedical EmergenciesLifesaving StepsBone and Joint Injury Bites and StingsWoundsEnvironmental InjuriesHerbal MedicinesChapter 5SHELTERSPrimary ShelterA¢â ¬â •UniformShelter Site SelectionTypes of SheltersChapter 6WATER PROCUREMENTWater SourcesStill ConstructionWater PurificationWater Filtration DevicesChapter 7FIRECRAFTBasic Fire PrinciplesSite Selection and PreparationFishing DevicesCooking and Storage of Fish and Game Chapter 8FOOD PROCUREMENTAnimals for FoodOther Expedient WeaponsCordage and LashingRucksack ConstructionClothing and InsulationCooking and Eating UtensilsChapter 9SURVIVAL USE OF PLANTSEdibility of PlantsPlants for MedicineMiscellaneous Uses of PlantsChapter 10POISONOUS PLANTSHow Plants PoisonAll About PlantsRules for Avoiding Poisonous PlantsContact DermatitisIngestion PoisoningChapter 11DANGEROUS ANIMALSInsects and ArachnidsLeechesBatsVenomous SnakesSnake-Free AreasDangerous LizardsDangers in RiversDangers in Bays and EstuariesSaltwater DangersOther Dangerous Sea CreaturesChapter 12FIELD-EXPEDIENT WEAPONS, TOOLS, AND EQUIPMENTStaffsClubsEdged WeaponsFire Material SelectionHow to Build a FireHow to Light a FireChapter 13DESERT SURVIVALTerrainEnvironmental FactorsNeed for WaterHeat CasualtiesPrecautionsDesert HazardsChapter 14TROPICAL SURVIVALTropical WeatherJungle TypesTravel Through Jungle AreasImmediate ConsiderationsWater ProcurementFoodPoisonous PlantsChapter 15COLD WEATHER SURVIVALCold Regions and LocationsWindchillBasic Principles of Cold Weather SurvivalHygieneMedical AspectsCold InjuriesSheltersFireWaterFoodTravelWeather SignsChapter 16SEA SURVIVALThe Open SeaSeashoresChapter 17EXPEDIENT WATER CROSSINGSRivers and StreamsRapidsRaftsFlotation DevicesOther Water ObstaclesVegetation ObstaclesChapter 18FIELD-EXPEDIENT DIRECTION FINDINGUSing the Sun and ShadowsUsing the MoonUsing the StarsMaking Improvised CompassesOther Means of Determining DirectionChapter 19SIGNALING TECHNIQUESApplicationMeans for SignalingCodes and SignalsAircraft Vectoring Procedures

## **Book Information**

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#### Customer Reviews

This is an inexpensive, common sense survival manual, as opposed to some of the forty and fifty dollar manuals...not to say that many of them are not great. But those manuals usually presume you have already mastered the basic survival skills. If you grew up in the city, and you're not real in-tune with nature, it can save your life with down-to-earth tips. I would suggest this for a young city couple that are venturing out into the woodlands, hiking or camping, especially with small children, for the first time. It may be a bit over-simplistic to the seasoned hiker or camper, as it has a picture of a "frog" and a "crayfish." It does have valuable tips on identifying, and how to avoid, poisonous snakes, spiders, mushrooms (fungi), etc. The manual is also useful for tips on building a fire, constructing a make-shift shelter, and what to include in a rucksack for a short hike. Once read, you're not apt to qualify as a "Green Beret", but it may give you enough confidence to handle an otherwise unfamiliar situation calmly.

Some of the advice on mushrooms is a little dangerous. Great book overall. There is a lot of helpful information that covers a variety of climates.

Always a classic. Solid, useful information.

Brought back many grat memories.

At first glance, I thought I was getting an updated ARMY FM. Then when I received my copy, the first thing I noticed is the male subject on the cover is in a Navy or Marine Corp. uniform. Then noted several bits of instruction written as if the reader in on the High seas. The material, all though somewhat useful for a beginner, novice or expert survivalist will find only minimal information that is new.

So far I am loving the book it has really helped me understand many things even though it may be outdated it still has good points exept for the snake bite part of it

Pictures were shetched making it really hard to learn what a plant actually looks like. So it would be hard to actually tell similar plants to each other

Get this original version, not the updated or condensed one. Quick shipping.

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